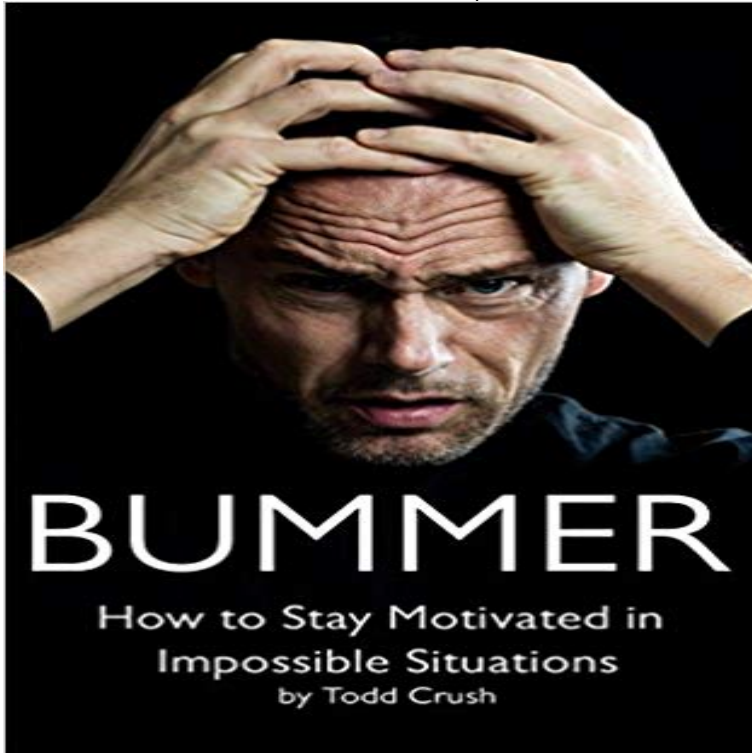


## BUMMER: How to Stay Motivated in Impossible Situations



In *Bummer: How to Stay Motivated in Impossible Situations*, Todd Crush reveals thought-provoking motivational strategies that keep your head in the game, when you feel trapped and alone in your troubles. This amazing book lifts you up. It gives you staying power; and makes you feel more alive and energized than ever before. Todd's insightful points draw you in; holds your undivided attention; and keeps you pumped, as he unveils profound yet easy-to-understand principles. For those who desire a wealth of wisdom and new levels of practical and extraordinary advice, he brings the answers you need. If you suffer with depression, and lack the skill power and determination to break free, you'll find the keys that unlock your mind, permanently. This high-energy treasure chest is chock-full of knowledge that will provide you with a lifetime of motivational tools that focuses on building self-confidence, eliminating stress, identifying your potential, overcoming hardship, unique avenues to doors of opportunity, addictive thinking patterns, self-defeating behavior, breaking the cycle of panic, overcoming the fear of failure, how to effectively develop your talent, and relationships.

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